

#### appetizers

fresh cut fries V+\*, V, GF, RS\* \$11 salt + pepper, tarragon rosemary aioli, ketchup upon request add truffle oil +\$6

tempura fried cauliflower V+, GF **\$14** pickled daikon radish, carrot and red onion, ginger gastrique, cilantro, sesame seed, vegan sambal aioli

**vegan scallops** V+, GF, RS\* **\$16** king oyster mushrooms, edamame, ponzu, sesame oil, ginger gastrique, green onion, cilantro

mussels DF, GF\* \$20 coconut curry broth, toasted focaccia, cilantro, lime

parsnip chips DF, GF, V+\* **\$10** thinly sliced and fried parsnips, rosemary and tarragon aioli

#### salads + soups

add chicken +\$6 tofu +\$5 jowl bacon +\$4

greens V+\*, V\*, DF\*, GF\* **\$10** beets, red onion, shredded root vegetable, croutons

warmed spinach and egg DF\*, GF\* \$12 bacon mustard vinaigrette, soft boiled egg\*\*, parsnip chips, winter squash, pickled apple, Sartori SarVecchio Parmesan

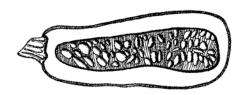
soup + grilled bread cup \$6 bowl \$9 rotating offering of both vegan and Chef's choice

**choice of dressing:** ranch (V, GF), black garlic vinaigrette (V+, GF), maple vinaigrette (V+, GF), blue cheese vinaigrette (GF), balsamic birch reduction (V+, GF), bacon mustard vinaigrette (GF,DF)

## local ingredients inclusive menu

Our kitchen goes above and beyond to accommodate a variety of dietary needs, including gluten-free, dairy-free, vegan, and vegetarian options. With our commitment to inclusivity, we're dedicated to ensuring everyone has something delicious to enjoy.

We take pride in sourcing our ingredients from local farmers and distributors, ensuring that our dishes are always fresh, sustainable, and of the highest quality.



# dietary restriction information

We are happy to accommodate any dietary requests whenever possible.

V+ = vegan

V = vegetarian

DF = dairy free

GF = gluten free

RS = reduced sodium

\* = available upon request

\*\*consumption of raw or undercooked foods may increase your risk for food borne illness



#### sandwiches + burgers

served with fries and ketchup sub cup of soup +\$2, side salad +\$2, truffle fries +\$3 can be served on gf bread (+\$2) or bibb lettuce

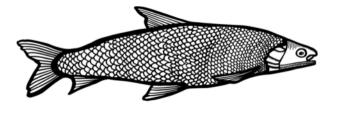
vegan báhn mì V+, GF\* \$16 marinated + fried tofu, pickled carrot + daikon radish, sliced beets, mushroom pate, sambal aioli, cilantro, french baguette

blackened fish tacos DF\*,GF \$18 achiote crema, green and red cabbage slaw, lime and honey dressing, corn tortilla, seared and blackened white fish, cilantro, lime

chicken sandwich DF\*, GF **\$17** braised chicken leg, jowl bacon, pickled mustard seed, bacon mustard vinaigrette, bibb lettuce, french baguette

burger DF\*, GF\* \$18 1/3lb grass-fed patty, white cheddar, tomato pesto, bibb lettuce, brioche bun add bacon +\$4 add additional patty +\$6

avocado blt DF\*, GF\* \$18 jowl bacon, pomodoraccio tomato, bibb lettuce, tarragon rosemary aioli, sourdough



#### entrees

coconut curry V+, DF, GF **\$19** carrot, mushroom, winter squash, shallot, ginger, garlic, coconut curry broth, brown rice, cilantro, lime (add tofu +\$5, add chicken +\$6)

pomodoraccio tomato chicken pasta \$26 cream, garlic, shallot, Sartori SarVecchio Parmesan, birch balsamic redux, cavatappi, pine nut, chopped herb, green onion

steak frites DF, GF **\$39** grilled ribeye\*\*, fries, béarnaise\*\*

superior pot pie GF\* \$32 white fish, cream, root vegetables, wild rice, herbs, white wine, fumet, puff pastry

#### duluth's only nonprofit restaurant

Zeitgeist is a non-profit arts & community development organization committed to growing and sustaining a community that is inclusive, diverse, and equitable; artistic and vibrant; environmentally conscious; and a place where every individual can thrive. Income from this building helps make our community programming possible, and we thank you for your support! For more information or to make a donation, please visit <a href="https://www.zeitgeistarts.com">www.zeitgeistarts.com</a>.

### our local partners

roper farms - holyoke, mn yker acres - carlton, mn four beans farm - superior, wi **food farm** - wrenshall, mn **bay produce** - superior, wi **bodin fisheries** - bayfield, wi