

### appetizers

fresh cut friesV+\*, V, GF, RS\*\$11salt + pepper, tarragon rosemary aioli, ketchup uponrequestadd truffle oil +\$6

**tempura fried cauliflower** V+, GF **\$14** pickled daikon radish, carrot and red onion, ginger gastrique, cilantro, sesame seed, vegan sambal aioli

vegan scallopsV+, GF, RS\*\$16king oyster mushrooms, edamame, ponzu, sesame oil,<br/>ginger gastrique, green onion, cilantro

musselsDF, GF\*\$20coconut curry broth, toasted focaccia, cilantro, lime

parsnip chipsDF, GF, V+\*\$10thinly sliced and fried parsnips, rosemary and tarragon<br/>aioli

# salads + soups

add chicken +\$6 tofu +\$5 jowl bacon +\$4

**greens** V+\*, V\*, DF\*, GF\* **\$10** beets, red onion, shredded root vegetable, croutons

warmed spinach and egg<sup>\*\*</sup> DF<sup>\*</sup>, GF<sup>\*</sup> **\$12** bacon mustard vinaigrette, soft boiled egg<sup>\*\*</sup>, parsnip chips, winter squash, pickled apple, Sartori SarVecchio Parmesan

soup + grilled breadcup \$6bowl \$9rotating offering of both vegan and Chef's choice

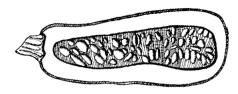
**choice of dressing:** ranch (V, GF), black garlic vinaigrette (V+, GF), maple vinaigrette (V+, GF), blue cheese vinaigrette (GF), balsamic birch reduction (V+, GF), bacon mustard vinaigrette (GF,DF)



## local ingredients inclusive menu

Our kitchen goes above and beyond to accommodate a variety of dietary needs, including gluten-free, dairy-free, vegan, and vegetarian options. With our commitment to inclusivity, we're dedicated to ensuring everyone has something delicious to enjoy.

We take pride in sourcing our ingredients from local farmers and distributors, ensuring that our dishes are always fresh, sustainable, and of the highest quality.



# dietary restriction information

We are happy to accommodate any dietary requests whenever possible.

V+ = vegan V = vegetarian DF = dairy free GF = gluten free RS = reduced sodium \* = available upon request

\*\*consumption of raw or undercooked foods may increase your risk for food borne illness

artwork by anni friesen @annifduluth



### sandwiches + burgers

served with fries and ketchup sub cup of soup +\$2, side salad +\$2, truffle fries +\$3 can be served on gf bread (+\$2) or bibb lettuce

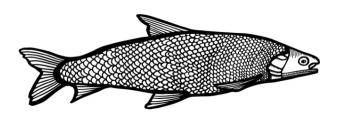
**vegan báhn mì** V+, GF\* **\$16** marinated + fried tofu, pickled carrot + daikon radish, sliced beets, mushroom pate, sambal aioli, cilantro, french baguette

**blackened fish tacos** DF\*,GF **\$18** achiote crema, green and red cabbage slaw, lime and honey dressing, corn tortilla, seared and blackened white fish, cilantro, lime

chicken sandwich DF\*, GF **\$17** braised chicken leg, jowl bacon, pickled mustard seed, bacon mustard vinaigrette , bibb lettuce, french baguette

burgerDF\*, GF\*S1/3lb grass-fed patty, white cheddar, tomatopesto, bibb lettuce, brioche bunadd bacon +\$4add additional patty +\$6

**avocado blt** DF\*, GF\* **\$18** jowl bacon, pomodoraccio tomato, bibb lettuce, tarragon rosemary aioli, sourdough



#### entrees

**coconut curry** V+, DF, GF **\$19** carrot, mushroom, winter squash, shallot, ginger, garlic, coconut curry broth, brown rice, cilantro, lime (add tofu +\$5, add chicken +\$6)

pomodoraccio tomato chicken pasta\$26cream, garlic, shallot, Sartori SarVecchioParmesan, birch balsamic redux, cavatappi, pinenut, chopped herb, green onion

steak and frites\*\*DF\*, GF\$39grilled ribeye\*\*, fries, béarnaise\*\*

superior pot pieGF\*\$32white fish, cream, root vegetables, wild rice,<br/>herbs, white wine, fumet, puff pastry

## duluth's only nonprofit restaurant

Zeitgeist is a non-profit arts & community development organization committed to growing and sustaining a community that is inclusive, diverse, and equitable; artistic and vibrant; environmentally conscious; and a place where every individual can thrive. Income from this building helps make our community programming possible, and we thank you for your support! For more information or to make a donation, please visit <u>www.zeitgeistarts.com</u>.

### our local partners

\$18

roper farms - holyoke, mn yker acres - carlton, mn four beans farm - superior, wi food farm - wrenshall, mn bay produce - superior, wi bodin fisheries - bayfield, wi

For parties of 8 or more, a 20% gratuity may be added to the bill. For efficiency of service, please note that we are unable to split checks for groups of this size. Thank you for your understanding!